



SOLO LADIES  
ALL-FEMALE ADVENTURE  
TO SOUTHERN AFRICA

RE-IMAGINE SMALL  
GROUP TRAVEL

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## LADIES ONLY...

This one is for us.

Travelling to new destinations is always best shared, with like-minded travellers who are up for an adventure and want to explore a little bit of Southern Africa.

We take care of all the detail with a well-planned itinerary, so all you have to do is sit back and enjoy local eateries, private tours, Spa & Wellness days, and adventures with new friends.

Think Pamper Days with a sprinkling of shopping, bubbly at sunset, morning walks and quaint city restaurants, exploring the wine country, indulgent food and best of all, going on that African Safari and for 2025, we have included the Victoria Falls in one of our lovely itineraries...



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# UBUNTU

There is a special word in South Africa - it is Ubuntu.  
"I am because you are"

Because our Solo-Ladies groups are small and exclusive, we can focus on the destination, special treasures and most of all... the people - this is where you will experience the true Africa.



## DATES 2025...

- Feb: Harvest Time & Grape Stomping - 9 Nights (Limited Space)
- May: African Dreams - 12 Nights \*\* includes Victoria Falls, Zimbabwe
- Aug: Whales, Wine & Safari - 11 Nights \*\* includes Hermanus
- Nov: Beach days to Bush days - 10 Nights

Space is limited... as our group number is usually between four to eight ladies, due to our hand-picked small lodges and boutique hotels that we stay in and each of our lovely ladies having their own guestroom throughout ... (unless you request to share).

We celebrate the seasons with our tours and include what is special at that time of the year in each destination.

# 10 DAYS OF LUXURY AND ADVENTURE

A little hint of one of our itineraries... (Sample itinerary)

## Day 1

Touch down at Cape Town International Airport and be whisked away to your boutique hotel. Enjoy a little 'down-time' and perhaps enjoy a long indulgent bath after your flight and a little snooze, before meeting your fellow travellers & host for a dinner. (D)

## Day 2

After a leisurely sleep-in, followed with a healthy breakfast, it is time to explore ! Today is a road-tripping adventure, We take the coastal route and drive out to Cape Point, where the Atlantic and Indian Ocean meet. Along the way, we pass through fishing harbours and quaint villages, wander through antique shops and galleries before visiting Cape Point to stand on the cliff top and witness two mighty oceans colliding. Driving home we stop off for cocktails as the sun sets over Camps Bay, before ending a long day (B,L,D).

## Day 3

Ladies who Explore & Shop...



After a whirlwind visit around the colourful city of Cape Town... by helicopter, we end up at the V&A Waterfront for a leisure day your own way. Designer stores, give way to craft markets and eateries - there is truly something for everyone. If shopping is not for you, you can opt to take a harbour cruise, and explore the Waterfront, or stroll across to the Silo District and visit the famous Zietz MOCCA Museum. We end the day with a dinner & wine pairing in a city Bistro overlooking the rooftops of Cape town (B,D),

## Day 4

After breakfast, we are off to the wine country, for a few nights staying on a working wine farm. Enroute, weather permitting, we stop for a glass of bubbles on Table Mountain and take in the amazing views. Arriving in the winelands just before lunch to indulge in a quintessential cheese platter under the oak trees. The afternoon is all yours, for downtime at the pool, or strolling through vineyards. That night is a treat, a fun dinner party with a private Chef, in a local home, with true South African hospitality (B,L,D).

# 10 DAYS OF LUXURY AND ADVENTURE

and we cont...

## Day 5

Wake up refreshed and ready for a magical day exploring the wine country on a tractor through the vineyards to enjoy wine pairings and a picnic lunch in the Hidden Valley (B,L,D).

## Day 6

Pamper & Wellness Day... We slow down with a mindful meditation and a stretch class and a relaxing massage. The afternoon is for curling up with a book or indulging in an snooze. And in the evening, "home-movies" & pizzas (B,L,D)

## Day 7

Today, we fly off on Safari.

Complete luxury in the African bush, with delicious meals, afternoon high tea, boma dinners and drifting off to sleep with the sound of Africa around you - a distant lion roaring, or a breaking twig as an animal moves through the bush. There is something special about sleeping in Africa, whilst you are safely cocooned in your large comfy bed. (B,L,D)

## Day 8

Witness the bush come to life as you head out at sunrise on a morning drive; hear the call of a hyena, you hope to catch a glimpse of a leopard, or watch an elephant herd tumble down to the watering hole. Memories forever. (B,L,D)

## Day 9

Your last day offers the opportunity to walk with a guide, following animal tracks through the bush, listening, watching and waiting. Dinner will be a traditional meal served in a boma, sitting around a fire under the African stars. (B,L,D)

## Day 10

After breakfast, it is a time to say goodbye and swap contact details before transferring to the airport. (B)

## Disclaimer

This is a sample itinerary and it may be modified depending on the tour, availability and season.





## WHY “SOLO-LADIES” SMALL-GROUPS

Many of us missed our ‘gap-year’ or never did that Contiki tour in our twenties for a variety of reasons; maybe we went to college or university, got married early, or jumped into our careers, became a mom... Perhaps some of us even did that gap year. We all have our stories. But now, some years have passed and you might be thinking, it is time to go exploring and to do something for yourself.

The idea of visiting somewhere new and exciting, picnicing in the vineyards, standing in awe at the majestic Table Mountain, dipping your toes into the Indian Ocean and going on a true African Safari is softly whispering to you.

And this is the reason why we have curated our Solo Ladies Small-Group Adventures. So you can go on a discovery and “Travel on your own BUT not be Alone”. Our Solo Ladies tours are all-female holidays, with like-minded adventurous woman, who want to come and explore this corner of the world.

We know every woman is different and that is okay because there is flexibility with our tours. And whether you come on your own, or with a friend, that’s okay too, as we have you covered from the moment you touch down on South African soil.

We don’t chase after a bucket list, or race around ticking off the Big Five, but rather focus on amazing experiences, fun times, space to breathe, vineyard living, good food & wine and safari days that will live with you forever.

### **Demographic**

Women

Ages 40's and 50's and 60's and anywhere inbetween

Young at heart midlifer’s with an adventurous soul and a zest for life and love of food...



# SOLO LADIES ADVENTURE TO SOUTH AFRICA

We do keep our "small groups" small. Our numbers are limited to between four to eight travellers and ideally a minimum of four ladies.

With each itinerary, a Qui Vado hostess is with you as well as specialist guides and drivers being part of the journey. In addition, with some encounters, locals join in the fun - providing a fully immersive experience, whether it be dancing with the Shangaan Tribe, or enjoying a dinner in a private home with a chef.

Some days are packed with activities, whilst other days are more relaxed and inbetween there is leisure time to breathe out and do what you want to do in your own time.

The accommodation is in luxury Boutique hotels, Manor homes and Safari lodges with single occupancy (unless two travellers know each other and request to share).

Our tours are fully-inclusive (except on leisure days) as we include meals and drinks. For any dietary requirements, we do try to accommodate.

If you would like to put your name down for one of our Solo-Ladies Adventures, let us know which tour / month you are interested in and we will send you, an Invitation with the tour details and a brief questionnaire, as we would like to know a little about you.

# KNOW MORE...

Hi Lovely Lady

Being based in the Cape and having spent the past 20 years in travel, my team and I are well placed to introduce you to this amazing country.

We are there with you and take away all the unknown factors of visiting a new destination on your own, right from your airport chauffeur, to enjoying local bistro's for dinner with new friends, tips on where to shop and what not to miss.

And, importantly, because we know Southern Africa and are experts in luxury travel, our itineraries are well-curated with the emphasis on where you sleep at night - whether it is a boutique hotel, manor home or safari lodge - the location needs to be perfect and the rooms must be comfortable and the linen thread count just right.

But of course, this is just one element and we are very much food focussed... A private Chef one night, a popular local eatery another, delicious lunches and scrumptious breakfasts - we take food seriously.

From the time you touch down in South Africa, we are there, with airport transfers, speciality guides and local experiences. Our small group tours are about a lifestyle in a vibrant and cosmopolitan city, vineyard living and the sheer thrill of going on safari in Africa.

We invite you to get intouch with us, learn a little more about our "Solo Ladies" tours. Perhaps you would like a holiday on your own, or maybe it is time to leave hubby looking after the kids, or even you and your mum have decided the time is now for a vacation. You may join as a single, or with a friend and eitherway, that is great, because that is what our "Ladies Only" small group tours are about...

Looking forward to meeting you.

Warm Regards

*Colleen*

Qui Vado Luxury Travel  
[www.quivado.com](http://www.quivado.com)

